

Contributor: Cindy Dowell **Grade Level:** K-2

1. **Identify the standards to be addressed:** Tennessee State Standards Addressed

SSP.01 Gather information from a variety of sources, including: ● Printed materials (e.g., literary texts, newspapers, political cartoons, autobiographies, speeches, letters, personal journals) ● Graphic representations (e.g., maps, timelines, charts, artwork) ● Artifacts ● Media and technology sources

SSP.02 Critically examine a primary or secondary source in order to: ● Summarize significant ideas and relevant information ● Distinguish between fact and opinion ● Draw conclusions ● Recognize author’s purpose and point of view

SSP.05 Develop historical awareness by: ● Sequencing past, present, and future in chronological order ● Understanding that things change over time.

K.04 Identify and explain how basic human needs of food, clothing, shelter, and transportation are met.

K.06 Recognize and describe different types of jobs, including work done in the home, school, and community

K.20 Identify and discuss the following holidays, and analyze why we celebrate them: ● Presidents’ Day

2. **Statement of the objective and lesson outcomes:** The learner will distinguish between fact and fiction. The learner will recognize things that happen in the past and some ways things have changed. The learner will recognize food as one of the basic human needs. The learner will be able to describe the job of a baker. The learner will recognize George Washington as our 1st president and that he is one of the president’s we honor on President’s Day.

3. **Materials, resources, and technology to be used by teacher/students** The children’s book, *Gingerbread for Liberty!* By Mara Rockliff, pictures by Vincent X. Kirsch. It is available online at Amazon but I checked out from the local public library.

Photo of George Washington and/or a dollar bill.

Gingerbread cookies to decorate and eat.

Colonial dress if available

4. **Introduction of the topic:** Introduce the topic by asking about the clothes you are wearing if in costume. Illicit the response that they aren’t like today’s clothing and explain that they are from many years ago -250 years ago when our country was not even the United States but was ruled by England. If not in costume, show the dollar bill or the picture of George Washington and ask the children if they know who this is. See if any child knows his name or that he was the President of our country. Today, I am going to read you a story that happened 250 years ago when the United States was ruled by England. In this story we are going to meet a man who really lived-he is not a made up person. This is a true story. You might further explain that the illustrations, pictures do look like cartoons because they didn’t have cameras 250 years ago so the illustrator is drawing his idea of what it may have looked like.

5. **Procedure for instruction:** As you are reading the book point out pertinent facts -there were only 13 colonies then-George Washington was not yet President but leading the soldiers in fighting for freedom from England-the soldiers were hungry and the baker provided food-a necessity for living and fighting. To make the story more interactive for the children have them count to 13 for the 13 colonies. Have the children help row the boat across the river and repeat the words the baker said as he was rowing. Ask the children why did the soldiers disappear? (They were hungry and left to find food with the baker.)

At the end of the story, there are many true facts about Christopher Ludwick's life that you could summarize if the children's attention span is still good.

6. **Lesson closure:** Would you like to taste Gingerbread? Have gingerbread cookies for the children to decorate and/or eat. While they are decorating and eating review points of the story. Was this a true story? (Yes) Did it take place today or a long time ago? (250 years ago) Was America a country then? (No, it belonged to England) Who was George Washington? (leader of the soldiers and later the 1st President and on our \$1.00 bill today) How big was America 250 years ago-was it as big as today? (No, 13 colonies) What did Christopher Ludwick do? (He was a baker) What do bakers do? (bake bread and food)

7. **Assessment of Understanding:** I did this with Pre-K and Kindergarten students after their nap time and the cookies were their snack. I had pre-arranged all of this with the teachers. I did in February near Washington's birthday. They recognized Washington's picture because he is on their play money at their classroom store. It would also work during December and you could tie in the fact that Washington and his men crossed the Delaware River that month. The gingerbread cookies are available to purchase near Christmas-I had to bake mine from scratch. I had fruit in cups (healthy decorations) chocolate and caramel chips (sweet decorations). Most of the children chose the sweet decorations and made their cookies look like snowmen!

